

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<p>Transition and Safety</p> <p>What is PSHCE Bullying v Banter First Aid lesson including choking Trolling and Online bullying Drugs by A4C.</p>	<p>Developing Skills and Aspirations</p> <p>Revision Careers vs Job Communication Skills Refusal Skills.</p>	<p>Diversity</p> <p>LGBTQ lesson by Liberate Boys and Girls Prejudice and Discrimination.</p>	<p>Health and Puberty</p> <p>Hygiene SHARE puberty and pregnancy lessons Diet Sugar intake Dental health Vaping Healthy lifestyles.</p>	<p>Building Relationships</p> <p>Family dynamics Anger management.</p>	<p>Financial Decision Making</p> <p>Budgeting Making financial choices Enterprise.</p>
Year 8	<p>Drugs and Alcohol</p> <p>4 week Alcohol programme by A4C INTENT programme.</p>	<p>Community and Careers</p> <p>Carees exploration with Careers Service Planning for the Future States of Guernsey.</p>	<p>Discrimination</p> <p>Racial discrimination and prejudice Minority groups Rights of the Child.</p>	<p>Healthy Lifestyle</p> <p>Stress Responsibility for health Dementia Mindfulness First Aid - DRSABC Cancer Awareness.</p>	<p>Identity and Relationships</p> <p>British Values Family conflict and change Types of relationship Communication Self Confidence.</p>	<p>Risk Taking</p> <p>Sexual harrassment Online harrassment ODPA Sex laws and consent.</p>
Year 9	<p>Peer Influence, Substance Use and Gangs</p> <p>County Lines Knife Crime Sexual exploitation and grooming.</p>	<p>Digital Literacy</p> <p>Social media management/use Language used on social media Use of photography.</p>	<p>Employability Skills and Setting Goals</p> <p>Careers Service in before choosing options Looking at Guernsey Press Saving Money CVs Statements.</p>	<p>Emotional Wellbeing</p> <p>5 Ways to Wellbeing Mental Health Stigma CA training Unhelpful thoughts.</p>	<p>Intimate Relationships</p> <p>3 SRE lessons delivered by SHARE.</p>	<p>Respectful Relationships</p> <p>LGBTQ inclusivity lesson by Liberate Prejudice and discrimination Sexual harrassment Sexism and Gender equality.</p>
Year 10	<p>Mental Health</p> <p>Understanding stress (particularly related to exams) Examine different methods of relaxation</p>	<p>Next Steps</p> <p>Looking at differences between further education qualifications The qualification ladder Visits and open evening opportunities to Further education establishments Input from Miles Davies (Careers advisor).</p>	<p>Healthy Relationships</p> <p>Relationships and sex expectations Myths Pleasure and challenges (including the impact of media and pomography).</p>	<p>Exploring Influence</p> <p>The influence of drugs Gangs Role models The media.</p>	<p>Addressing Extremism and Radicalisation</p> <p>Looking at case studies regarding recent incidents in the UK Manchester Arena Bombing London Bridge terror attacks How people can be radicalised.</p>	<p>Work Experience</p> <p><i>Targetted work experience for students either leaving education at 16 or seeking an apprenticeship. All students to be offered visits into various workplaces to see local labour market opportunities.</i></p>
Year 11	<p>Building for the Future</p> <p>Looking at planning a gap year Planning and booking a holiday Employment Law.</p>	<p>Financial Decision Making</p> <p>Understanding debit and credit cards What happens when you get into debt Good financial habits Understanding payslips (Tax/pensions/Social Insurance).</p>	<p>Communication in Relationships</p> <p>Personal values Assertive communication Relationship challenges and abuse.</p>	<p>Independence</p> <p>Responsible health choices Common addictions (alcohol/gambling/drugs and porn).</p>	<p>Families</p> <p>Different family values Parental responsibilities Pregnancy, marriage and forced marriage Dealing with break up of relationships.</p>	